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Common LASIK Fears (and Why You Shouldn't Be Afraid!)

November 13, 2013



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LASIK fear is among the most common reasons that people shy away from the procedure. And among the most common LASIK fears, three show up more than any others among those considering the procedure.

[LASIK Fear #1 - Fear of being awake during surgery](#)

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Perhaps the most common LASIK fear is the fear of being awake during surgery. But LASIK begins with numbing eye drops, and sometimes a mild sedative, to help you relax. Still, some patients notice mild discomfort, such as pressure, vibration or dimmed vision, during the procedure. You don't have to worry about blinking, though, because a specially designed instrument holds your eye open. And a computer in the laser tracks your eye movement more than 4,000 times per second, ensuring precision. In 15 minutes or less, both eyes can be done with little discomfort. If you can stare straight ahead for 45 seconds—about as long as it takes to watch a traffic light—you can do this.

LASIK Fear #2 - Fear of LASIK cost

A second common LASIK fear is the cost of LASIK. A LASIK price typically covers the initial consultation with eye exam, state-of-the-art lasers, highly trained eye surgeons, personalized aftercare and a lifetime commitment. The cost of LASIK can seem costly at first glance, but a lot is rolled into that final price. Some insurance plans cover a portion of LASIK, too, and a variety of payment options and discounts are available. Some patients estimate that their cost of LASIK pays for itself within a few years because of their saved costs in eye glasses, contact lenses and contact-lens solution. With proper planning, LASIK can fit into even a tight budget.

LASIK Fear #3 - Fear of complications

A third popular LASIK fear is fear of complications. True, LASIK comes with some risks. Details of possible risks can be found [here](#). Yet no surgery—not even a routine one such as filling a cavity—comes without some risks. Choosing the most advanced laser technology and a highly experienced, reputable surgeon can reduce the risk of complications. In addition, individual qualities, such as cornea thickness and ocular health, can reduce risks even further. At your LASIK consultation, your eye doctor will discuss any risks and complications with you. Elect for the procedure only if you feel comfortable with the risks of LASIK.

Among patients who overcome their LASIK fears, many wish they hadn't been so afraid. Virginia Dr. Robert Bass says of his patients, "Afterwards they say, 'Why was I nervous?'"

Having laser eye surgery shouldn't haunt you. With a professional behind the laser and an understanding of the procedure, it's easy to overcome common LASIK fears and opt for a surgery that can change the way you see the world.

So what are you afraid of? Make a consultation appointment today.



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enter your zip / postal code

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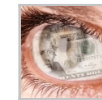
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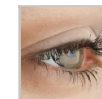
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